

ASIA

TAKEAWAY

SNACKS & SALADS

- ✓ **HOUSE MADE KIMCHI** [0,1] 45
Røkt Maldonsalt, lime / *Smoked Maldon salt, lime*
- ✓ **SAKE FLAMED EDAMAME** M,SO [0,2] 95
Røkt Maldonsalt, lime / *Smoked Maldon salt, lime*
- ✓ **ASIA GREEN LEAF SALAD** C,SO [0,1] 128
Grønn salat, wafu dressing, gulrøtter
Green salad, wafu dressing, carrots

- ✓ **THAI MANGO SALAD** P,SO [0,4] 142
Ingefær- & sitrongressdressing, peanøtter
Ginger lemongrass dressing, peanuts

BAO BUNS

- ✓ **TEMPURA MUSHROOM BAO BUN** (2 pcs) H,SO [0,3] 152
Portebello sopp, alfalfa spirer, shiso chimichurri / *Portebello mushroom, alfalfa sprouts, shiso chimichurri*
- 🔥 **BBQ PULLED ORGANIC PORK BAO BUN** (2 pcs) C,E,H,S,SE,SO [0,6] 198
Syltet fennikel, koreansk BBQ saus, koriander
Pickled fennel, Korean BBQ sauce, coriander

SIDE DISHES

- ✓ **JASMINE RICE** C [0,3] 48
Sesam furikake / *Sesame furikake*
- 🔥 ✓ **CRUSHED POTATOES** C,E,SE,SO [0,1] 88
Dill, spicy majones / *Dill, spicy mayo*
- ✓ **SMASHED CUCUMBER** C,P,SO [0,X] 88
Agurk, koriander, peanøtt / *Cucumber, coriander, peanut*
- ✓ **STIR FRIED GREENS** SO [0,1] 95
Pak choi, sjalottløk, grønnkål
Pak choi, shallots, green cabbage

TAQUITOS

- ✓ **THAI MANGO TAQUITOS** (2 pcs) H,SO [0,1] 148
Mango, koriander, avokado / *Mango, coriander, avocado*
 - ASIA TAQUITOS** (2 pcs) E,F,H,SE,SK,SO [0,3] 168
Sitrongress- & laksetartar, avokado
Lemongrass salmon tartare, avocado
- Warning: Could lead to a serious addiction!

HOT DISHES

- SUMMER UDON SOUP** C,H,SO,V [0,3] 235
Valnøttmiso, konge østerssopp, udon-nudler
Walnut miso, king oyster mushroom, udon noodles
- ASIA MUSSELS** BL,F,SK,SO [0,3] 235
Blåskjell, koriander, skalldyr- & kokosmelk-kraft
Mussels, coriander, shellfish and coconut stock
- KHAO SOI CHICKEN NOODLE CURRY** E,H,S,SK,SO [0,7] 265
Kylling, ristet chili og hvitløk
Chicken, roasted chilli and garlic
- SWEET & SOUR ORGANIC CHICKEN STIR FRY** E,H,P,SO [0,7] 265
Wokkede grønnsaker, eggnudler, søt soya, koriander
Stir fry vegetables, egg noodles, sweet soy, coriander

Planlegger du selskap?

Vi tilbyr fresh og fristende catering for 10-300 personer

Kontakt Malin@foodflirt.no

- Klimato har kalkulert klimapåvirkningen hver rett på menyen forårsaker. Bak rettene står det hvor mange CO2e retten slipper ut.
- [0,1-0,5] Kg CO₂e **LAVT** KLIMAAVTRYKK
- [0,6-1,5] Kg CO₂e **MIDDELS** KLIMAAVTRYKK
- [1,6+] Kg CO₂e **HØYT** KLIMAAVTRYKK

- ✓ Vegan
- ✓ Vegetar
- 🔥 Spicy

ASIA SIGNATURE SUSHI

- ORGANIC SALMON NIGIRI** (2 pcs) C,F,SO [0,2] 78
Husets grønne yuzu koshu / *House green yuzu koshu*
- SALMON SASHIMI** (6 pcs) C,F,SO [0,2] 138
Husets ponzu, micro greens / *House ponzu, micro greens*
- ✓ **VIRTOUS VEGAN MAKI** C,SO [0,5] 145
Søt og spicy soya, shiso, avokado
Sweet spicy soy, shiso, avocado
- SHISO PRETTY ROLL MAKI** C,E,F,SE,SO [0,6] 175
Laks, shiso, jalapenosaus / *Salmon, shiso, jalapeno sauce*
- CRISPY GINGER SALMON MAKI** C,F,SO [0,6] 188
Lettgravet laks, avokado, crispy ingefær
Citrus cured salmon, avocado, crispy ginger
- ITALIAN TRUFFLE MAKI** C,E,SE,SO [1,5] 195
Ytrefilet tatak, trøffelyuzu, sort oliven
Beef tatak, truffled yuzu, black olive

- 🔥 **SPICY TUNA MAKI** C,F,SO [0,6] 198
Tunfisk, avokado, spicy soya / *Tuna, avocado, spicy soy*

SAUCES:

Husk å ta med en av våre superdigge sauser

- NAHM JIM (SO) 28
- HOUSE PONZU (SO) 28
- NUOC CHAM SAUCE (F) 28
- CHILI MAYO (E,SE) 28

KIDS CORNER

- KIDS SUSHI** C,F,SO [0,3] 128
4 biter laksenigiri, 6 biter laks- & agurkmaki
4 pcs salmon nigiri, 6 pcs salmon & cucumber maki
- CHICKEN & NOODLES** E,H,SO [0,5] 138
Økologisk kylling fra Hovelsrud gård, eggnudler, sesamfrø
Organic chicken from Hovelsrud gård, egg noodles, sesame

MENYER

- SALMON BOX** (C,E,F,SE,SK,SO)
Crispy ginger salmon maki
Salmon nigiri
Laksesashimi
Thai mango salat
Passer for én person
298 kr

- ASIA GREEN BOX** (C,CA,H,SO)
Edamame
Thai mango taquitos
Virtous vegan maki
Tempura mushroom bao bun
Green leaf salad
Passer for 2 personer
598 kr

- ASIA DINNER BOX** (C,CA,E,F,H,SE,SK,SO)
Edamame
Asia taquitos
Organic salmon nigiri
Shiso pretty roll
Virtous vegan maki roll
Sweet & sour chicken stir fry
Passer for 2 personer
698 kr

- ASIA SUSHI BOX** (C,CA,E,F,H,SE,SK,SO)
Edamame
Asia taquitos
Spicy tuna gunkan
Salmon nigiri
Italian truffle roll
Virtous vegan maki roll
Salmon sashimi
Passer for 2 personer
758 kr

Allergener: Vi produserer alt selv på huset, derfor kan alle våre retter inneholde spor av alle allergener.

BL Bløtdyr C Sesam CA Cashew E Egg F Fisk H Hvete L Lupin M Melk P Peanøtt S Selleri SE Sennep SO Soya SK Skalldyr V Valnøtt