

ASIA

TAKEAWAY

SNACKS & SALADS

- PRAWN CRACKERS** SK,SO,F [0,2] 75
Nahm jim saus / Nahm jim sauce
- ✓ **SAKE FLAMED EDAMAME** M,SO [0,2] 95
Røkt Maldonsalt, lime / Smoked Maldon salt, lime
- CARROT & GINGER GYOZA** (3 pcs) C,H,SO [0,2] 98
Fritert gyoza, chili ponzu / Fried gyoza, chilli ponzu
- CHICKEN & SESAME GYOZA** (3 PCS) C,H,SO [0,4] 98
Fritert gyoza, chili ponzu / Fried gyoza, chilli ponzu
- GREEN LEAF SALAD** C,SO [0,1] 128
Onna salat, reddik, spirer, soya- & sesam dressing / Onna salad, sprouts, radish, soy sesame dressing
- ✓ **THAI MANGO SALAD** P,SO [0,4] 142
Ingefær- & sitrongressdressing, peanøtter
Ginger lemongrass dressing, peanuts
- BEEF TATAKI** C,CA,SO [1,8] 158
Lettstekt ytrefilet, sjalottløk ponzu, grønnkålchips
Seared sirloin, shallot ponzu, crispy kale

BAO BUNS

- ✓ **TEMPURA MUSHROOM BAO BUN** (2 pcs) H,SO [0,3] 175
Portebello sopp, spicy spirer, shiso chimichurri
Portebello mushroom, spicy sprouts, shiso chimichurri
- 🔥 **BBQ PULLED ORGANIC PORK BAO BUN** (2 pcs) C,E,H,S,SE,SO [0,6] 198
Syltet agurk, gulrot- & sesamslaw, koriander
Cucumber pickle, carrot sesame slaw, coriander

TAQUITOS

Warning: Could lead to a serious addiction

- ✓ **THAI MANGO TAQUITOS** (2 pcs) H,SO [0,1] 148
Mango, koriander, avokado / Mango, coriander, avocado
- ASIA TAQUITOS** (2 pcs) E,F,H,SE,SK,SO [0,3] 175
Sitrongress- & laksetartar, avokado
Lemongrass salmon tartare, avocado
- LOBSTER & CRAB TAQUITOS** (2 pcs) SK,E,SE,H,SO [1,2] 235
Hummer, krabbe, avokado, spirer
Lobster, crab, avocado, sprouts

ASIA SIGNATURE SUSHI

- ORGANIC SALMON NIGIRI** (2 pcs) C,F,SO [0,2] 78
Husets grønne yuzu kasha / House green yuzu kasha
- SPICY KINGFISH GUNKAN** (2 pcs) C,F,SK,SO [0,4] 98
Kingfish, thai-salsa, vårløk
Kingfish, thai-salsa, spring onion
- SALMON SASHIMI** (6 pcs) C,F,SO [0,2] 138
Husets ponzu, micro greens / House ponzu, micro greens
- ✓ **VIRTOUS VEGAN MAKI** C,SO [0,5] 145
Søt og spicy soya, shiso, avocado
Sweet spicy soy, shiso, avocado
- SHISO PRETTY ROLL MAKI** C,E,F,SE,SO [0,6] 175
Laks, shiso, jalapenosaus / Salmon, shiso, jalapeno sauce
- CRISPY GINGER SALMON MAKI** C,F,SO [0,6] 188
Lettgravet laks, avocado, crispy ingefær
Citrus cured salmon, avocado, crispy ginger
- ITALIAN TRUFFLE MAKI** C,E,SE,SO [1,5] 195
Ytrefilet tataki, truffelyuzu, sort oliven
Beef tataki, truffled yuzu, black olive
- SPICY TEMPURA MAKI** C,F,H,SO [0,6] 218
Tempuramaki, spicy kingfishtartar, aspargesbønner
Tempura maki, spicy kingfish tartare, haricots vertes

SAUCES:

Husk: å ta med en av våre superdigge sauser

- NAHM JIM** (SO) 28
- HOUSE PONZU** (SO) 28
- 🔥 **CHILI MAYO** (E,SE) 28

Planlegger du selskap?

Vi tilbyr fresh og fristende catering for 10-300 personer

Kontakt Malin@foodflirt.no

- Klimato har kalkulert klimapåvirkningen hver rett på menyen forårsaker. Bak rettene står det hvor mange CO2e retten slipper ut.
- [0,1-0,5] Kg CO₂e **LAVT** KLIMAAVTRYKK
- [0,6-1,5] Kg CO₂e **MIDDELS** KLIMAAVTRYKK
- [1,6+] Kg CO₂e **HØYT** KLIMAAVTRYKK

- ✓ Vegan ✓ Vegetar 🔥 Spicy

HOT DISHES

- ✓ **SPICY AUBERGINE HOTPOT** SO,C [0,3] 205
Tonkatsu aubergine, karamellisert løk og paprika, spicy rød miso
Tonkatsu aubergine, caramelized onion and red pepper, spicy red miso
- TOM KHA GAI** SK,F [0,6] 220
Kokosmelk, Hovelsrud kylling, østerssopp
Coconut milk, Hovelsrud chicken, oyster mushroom
- BRAISED BEEF PENANG CURRY** SK,F,P [3,2] 235
Penang curry, sesongens grønnsaker, peanøtt
Penang curry, seasonal vegetables, peanuts
- KHAO SOI CHICKEN NOODLE CURRY** 265
E,H,S,SK,SO [0,7]
Kylling, ristet chili og hvitløk / Chicken, roasted chilli and garlic
- SWEET & SOUR ORGANIC CHICKEN STIR FRY** 265
E,H,P,SO [0,7]
Wokkede grønnsaker, eggnudler, søt soya, koriander
Stir fry vegetables, egg noodles, sweet soy, coriander

SIDE DISHES

- ✓ **JASMINE RICE** C [0,3] 48
Sesam furikake / Sesame furikake
- ✓ **SESAME CHILLI NOODLES** (H,SO,C,E) [0,2] 75
Eggnudler, spicy sesam- & ingefærsaus
Egg noodles, spicy sesame- and ginger sauce
- 🔥 ✓ **CRUSHED POTATOES** C,E,SE,SO [0,1] 88
Dill, spicy majones / Dill, spicy mayo
- SHE-SO BROKKOLINI** SO,C [0,1] 148
Grillet brokkolini, shiso chimichurri
Grilled brokkolini with shiso chimichurri

KIDS CORNER

- KIDS SUSHI** C,F,SO [0,3] 128
4 biter laksnigiri, 6 biter laks- & agurkmaki
4 pcs salmon nigiri, 6 pcs salmon & cucumber maki
- CHICKEN & NOODLES** E,H,SO [0,5] 138
Økologisk kylling fra Hovelsrud gård, eggnudler, sesamfrø
Organic chicken from Hovelsrud gård, egg noodles, sesame

MENYER

SALMON BOX (C,E,F,SE,SK,SO)

Crispy ginger salmon maki
Salmon nigiri
Laksesashimi
Thai mango salat
Passer for én person
298 kr

ASIA GREEN BOX (C,CA,H,SO)

Edamame
Thai mango taquitos
Virtuous vegan maki
Tempura mushroom bao bun
Green leaf salad
Passer for 2 personer
598 kr

ASIA DINNER BOX (C,CA,E,F,H,SE,SK,SO)

Edamame
Asia taquitos
Organic salmon nigiri
Shiso pretty roll
Virtuous vegan maki roll
Sweet & sour chicken stir fry
Passer for 2 personer
698 kr

ASIA SUSHI BOX (C,CA,E,F,H,SE,SK,SO)

Edamame
Asia taquitos
Spicy kingfish tartare gunkan
Salmon nigiri
Italian truffle roll
Virtuous vegan maki roll
Salmon sashimi
Passer for 2 personer
758 kr

Allergener: Vi produserer alt selv på huset, derfor kan alle våre retter inneholde spor av alle allergener.

BL Bløtdyr C Sesam CA Cashew E Egg F Fisk H Hvete L Lupin M Melk P Peanøtt S Selleri SE Sennep SO Soya SK Skalldyr V Valnøtt