

ASIA

TAKEAWAY

SNACKS & SALADS

- SAKE FLAMED EDAMAME M,SO [0,2]** 95
Røkt Maldonsalt, lime / *Smoked Maldon salt, lime*
- CARROT & GINGER GYOZA (3 pcs) C,H,SO [0,2]** 98
Fritert gyoza, chili ponzu / *Fried gyoza, chilli ponzu*
- CHICKEN & SESAME GYOZA (3 pcs) C,H,SO [0,4]** 98
Fritert gyoza, chili ponzu / *Fried gyoza, chilli ponzu*
- KIMCHI & PORK GYOZA (3pcs) H,F,SO [0,2]** 128
Thai salsa dip / *Thai salsa dip*
- THAI MANGO SALAD P,SO [0,4]** 142
Ingefær- & sitrongressdressing, peanøtter
Ginger lemongrass dressing, peanuts
- SHREDDED CHICKEN SALAD F,C,SO [0,1]** 235
Hovelsrud kylling, asiatisk slaw, chili- og hvitløksdressing
Hovelsrud chicken, Asian slaw, chilli and garlic dressing

BAO BUNS

- TEMPURA MUSHROOM BAO BUN** 175
(2 pcs) H,SO [0,3]
Portebello sopp, spicy spirer, shiso chimichurri
Portebello mushroom, spicy sprouts, shiso chimichurri
- CRISPY ORGANIC CHICKEN BAO BUN** 198
(2 pcs) C,E,H,S,SE,SO [0,6]
Salat, kimchi slaw, BBQ-saus / *Salad, kimchi slaw, BBQ sauce*

TAQUITOS

Warning: Could lead to a serious addiction

- THAI MANGO TAQUITOS (2 pcs) H,SO [0,1]** 148
Mango, koriander, avokado / *Mango, coriander, avocado*
- ASIA TAQUITOS (2 pcs) E,F,H,SE,SK,SO [0,3]** 175
Sitrongress- & laksetartar, avokado
Lemongrass salmon tartare, avocado
- LOBSTER & CRAB TAQUITOS (2 pcs) SK,E,SE,H,SO [1,2]** 235
Hummer, krabbe, avokado, spirer
Loabster, crab, avocado, sprouts

ASIA SIGNATURE SUSHI

- SALMON NIGIRI (2 pcs) C,F,SO [0,2]** 78
Husets grønne yuzu koshu
House green yuzu koshu
- FLAMED SALMON NIGIRI (2 pcs) C,F,SO [0,2]** 82
Thai salsa, crispy purre
Thai salsa, crispy leeks
- KINGFISH NIGIRI (2 pcs) C,F,SO [0,2]** 86
Mandaring koshu, syltet chilli
Mandarin koshu, pickled chili
- SALMON SASHIMI (6 pcs) C,F,SO [0,2]** 138
Husets ponzu, micro greens
House ponzu, micro greens
- SPICY TOMATO MAKI SO,C [0,3]** 135
Spicy tomat, tempura asparges, spicy mayo
Spicy tomato, asparagus tempura, spicy mayo
- FLAMED SALMON & ASPARAGUS MAKI C,F,SO [0,6]** 186
Flambert laks, tempura asparges, thai salsa
Flamed salmon, tempura asparagus, thai salsa
- CRISPY GINGER SALMON MAKI C,F,SO [0,6]** 188
Sitrusmarinert laks, avokado, crispy ingefær
Citrus cured salmon, avocado, crispy ginger
- SPICY TEMPURA MAKI C,F,H,SO [0,6]** 218
Tempuramaki, spicy kingfishartar, aspargesbønner
Tempura maki, spicy kingfish tartare, haricots vertes
- LOBSTER & CRAB MAKI ROLL SK,H,SO [0,7]** 235
Hummer, krabbe, spicy soya
Loabster, crab, spicy soy

Klimato har kalkulert klimapåvirkningen hver rett på menyen forårsaker. Bak rettene står det hvor mange CO2e retten slipper ut.

[0,1-0,5]
Kg CO₂e

[0,6-1,5]
Kg CO₂e

[1,6+]
Kg CO₂e

LAVT
KLIMAAVTRYKK

MIDDELS
KLIMAAVTRYKK

HØYT
KLIMAAVTRYKK

Vegan **Vegetar** **Spicy**

HOT DISHES

- ASIAS SWEET & SOUR STIR FRY E,H,P,SO [0,7]** 265
Wokkede grønnsaker, eggnudler, koriander
Stir fry vegetables, egg noodles, coriander
- Med Hovelsrud økologisk kylling 265
With Hovelsrud organic chicken
- Med østerssopp / With oyster mushroom** 238
- KHAO SOI CHICKEN NOODLE CURRY** 265
E,H,S,SK,SO [0,7]
Kylling, ristet chili og hvittløk / *Chicken, roasted chilli and garlic*

SIDE DISHES

- JASMINE RICE C [0,3]** 48
Sesam furikake / *Sesame furikake*
- CRUSHED POTATOES C,E,SE,SO [0,1]** 88
Dill, spicy majones / *Dill, spicy mayo*

SAUCES:

Husk å ta med en av våre superdigge sauser

- NAHM JIM (SO) 28
- HOUSE PONZU (SO) 28
- CHILI MAYO (E,SE) 28

Planlegger du selskap?

Vi tilbyr fresh og fristende catering for 10-300 personer

Kontakt Malin@foodflirt.no

KIDS CORNER

- KIDS SUSHI C,F,SO [0,3]** 128
4 biter laksenigiri, 6 biter laks- & agurkmaki
4 pcs salmon nigiri, 6 pcs salmon & cucumber maki
- CHICKEN & NOODLES E,H,SO [0,5]** 138
Økologisk kylling fra Hovelsrud gård, eggnudler, sesamfrø
Organic chicken from Hovelsrud gård, egg noodles, sesame

MENYER

SALMON BOX
(C,E,F,SE,SK,SO)
Crispy ginger salmon maki
Salmon nigiri
Laksesashimi
Thai mango salat
Passer for én person
298 kr

ASIA GREEN BOX
(C,CA,H,SO)
Edamame
Thai mango taquitos
Spicy tomato maki
Tempura mushroom bao bun
Thai mango salat
Passer for 2 personer
598 kr

ASIA DINNER BOX
(C,CA,E,F,H,SE,SK,SO)
Edamame
Asia taquitos
Organic salmon nigiri
Spicy tomato maki
Flamed salmon & asparagus maki
Sweet & sour chicken stir fry
Passer for 2 personer
698 kr

ASIA SUSHI BOX
(C,CA,E,F,H,SE,SK,SO)
Edamame
Asia taquitos
Kingfish nigiri
Salmon nigiri
Spicy tomato maki
Flamed salmon & asparagus maki
Salmon sashimi
Passer for 2 personer
758 kr

Allergener: Vi produserer alt selv på huset, derfor kan alle våre retter inneholde spor av alle allergener.

BL Bløtdyr C Sesam CA Cashew E Egg F Fisk H Hvete L Lupin M Melk P Peanøtt S Selleri SE Sennep SO Soya SK Skalldyr V Valnøtt