

ASIA

TAKEAWAY

SNACKS & SALADS

- ✔ **SAKE FLAMED EDAMAME** M,SO [0,2] 95
Røkt Maldonsalt, lime / Smoked Maldon salt, lime
- ✔ **CARROT & GINGER GYOZA** (3 pcs) C,H,SO [0,2] 98
Fritert gyoza, chili ponzu / Fried gyoza, chilli ponzu
- CHICKEN & SESAME GYOZA** (3 pcs) C,H,SO [0,4] 98
Fritert gyoza, chili ponzu / Fried gyoza, chilli ponzu
- KIMCHI & PORK GYOZA** (3pcs) C,H,F,SO [0,6] 128
Fritert gyoza, thai salsa dip / Fried gyoza, thai salsa dip
- ✔ **ASIA GREEN SALAD** SO, C [0,2] 128
Økologisk salat, reddik, wafu dressing / Organic salad, radish, wafu dressing
- ✔ **THAI MANGO SALAD** P [0,4] 142
Ingefær- & sitrongressdressing, peanøtter / Ginger lemongrass dressing, peanuts
- SHREDDED CHICKEN SALAD** F,H, C,SO [0,1] 175
Hovelsrud kylling, asiatisk slaw, chili- og hvitløksdressing / Hovelsrud chicken, Asian slaw, chilli and garlic dressing

BAO BUNS

- ✔ **TEMPURA MUSHROOM BAO BUN** (2 pcs) H,SO [0,3] 175
Tempura økologisk østerssopp, spicy spirer, shiso chimichuri / Tempura organic oyster mushroom, spicy sprouts, shiso chimichuri
- 🔥 **CRISPY ORGANIC CHICKEN BAO BUN** (2 pcs) C,E,H,SO [0,6] 198
Salat, kimchi slaw, BBQ-saus / Salad, kimchi slaw, BBQ sauce

TAQUITOS

- Warning: Could lead to a serious addiction
- ✔ **THAI MANGO TAQUITOS** (2 pcs) H,SO [0,1] 148
Mango, koriander, avokado / Mango, coriander, avocado
 - ASIA TAQUITOS** (2 pcs) F,H,SK,SO [0,3] 185
Sitrongress- & laksetartar, avokado / Lemongrass salmon tartare, avocado
 - LOBSTER & CRAB TAQUITOS** (2 pcs) SK,H [1,2] 235
Hummer, krabbe, avokado, spirer / Lobster, crab, avocado, sprouts

ASIA SIGNATURE SUSHI

- NIGIRI PLATE** (8 pcs) F,SO,C [0,8] 248
2pcs salmon nigiri, 2pcs flamed salmon nigiri / 2pcs kingfish nigiri, 2pcs spicy kingfish gunkan
- SALMON NIGIRI** (2 pcs) C,F,SO [0,2] 78
Husets grønne yuzu koshu / House green yuzu koshu
- FLAMED SALMON NIGIRI** (2 pcs) C,F,SO [0,2] 82
Thai salsa, crispy purre / Thai salsa, crispy leeks
- KINGFISH NIGIRI** (2 pcs) C,F,SO [0,2] 86
Mandarin koshu, syltet chilli / Mandarin koshu, pickled chili
- SALMON SASHIMI** (6 pcs) C,F,SO [0,2] 138
Husets ponzu, crispy rødmet, micro greens / House ponzu, crispy beetroot, micro greens
- ✔ **SPICY TOMATO MAKI** SO,C [0,3] 135
Spicy tomat, avokado, agurk, spicy mayo / Spicy tomato, avocado, cucumber, spicy mayo
- FLAMED SALMON & ASPARAGUS MAKI** C,F,SO [0,6] 186
Flambert laks, aspargesbønner, thai salsa / Flamed salmon, green beans, thai salsa
- CRISPY GINGER SALMON MAKI** C,F,SO [0,6] 188
Sitrusmarinert laks, avokado, crispy ingefær / Citrus cured salmon, avocado, crispy ginger

SAUCES:

Husk å ta med en av våre superdigge sauser

- NAHM JIM (SO) 28
- HOUSE PONZU (SO) 28
- CHILI MAYO (E,SE) 28

- ✔ **Klimato har kalkulert klimapåvirkningen hver rett på menyen forårsaker. Bak rettene står det hvor mange CO2e retten slipper ut.**
- ✔ **Vegan**
- ✔ **Vegetar**
- 🔥 **Spicy**
- LAVT** KLIMAAVTRYKK 128
[0,1-0,5] Kg CO₂e
- MIDDELS** KLIMAAVTRYKK 135
[0,6-1,5] Kg CO₂e
- HØYT** KLIMAAVTRYKK 186
[1,6+] Kg CO₂e

HOT DISHES

- ASIAS SWEET & SOUR STIR FRY** C,E,H,P,SO [0,7] 275
Wokkede grønnsaker, eggnudler, koriander / Stir fry vegetables, egg noodles, coriander
- ✔ **Med østerssopp** / With oyster mushroom 238
Med Hovelsrud økologisk kylling / With Hovelsrud organic chicken
- KHAO SOI CHICKEN NOODLE CURRY** E,H,S,SK,SO [0,7] 275
Kylling, ristet chili og hvitløk / Chicken, roasted chilli and garlic
- ✔ **AUBERGINE TONKATSU** C,H,SO [0,2] 225
Fritert aubergine, tonkatsu-saus, thai slaw / Fried eggplant, tonkatsu sauce, thai slaw

SIDE DISHES

- ✔ **JASMINE RICE** C [0,3] 48
Sesam furikake / Sesame furikake
- 🔥 ✔ **CRUSHED POTATOES** C [0,1] 88
Spicy majones / Spicy mayo
- ✔ **GRILLED CUCUMBER SALAD** SO,C,S,CA [0,2] 88
Agurk, chili- og hvitløksdressing, ristede cashewnøtter / Cucumber, chili garlic dressing, roasted cashews
- ✔ **GRILLED BROCCOLINI** SO,C [0,2] 128
Sesam furikake / Sesame furikake

Planlegger du selskap?

Vi tilbyr fresh og fristende catering for 10-300 personer

Kontakt Malin@foodflirt.no

KIDS CORNER

- KIDS SUSHI** C,F,SO [0,3] 128
4 biter laksenigiri, 6 biter laks- & agurkmaki / 4 pcs salmon nigiri, 6 pcs salmon & cucumber maki
- CHICKEN & NOODLES** E,H,SO [0,5] 138
Økologisk kylling fra Hovelsrud gård, eggnudler, sesamfrø / Organic chicken from Hovelsrud gård, egg noodles, sesame

MENYER

- SALMON BOX** (C,E,F,SE,SK,SO)
 Crispy ginger salmon maki
 Salmon nigiri
 Lakseshashi
 Thai mango salat
Passer for én person
 298 kr

- ASIA GREEN BOX** (C,CA,H,SO)
 Edamame
 Thai mango taquitos
 Spicy tomato maki
 Tempura mushroom bao bun
 Thai mango salat
Passer for 2 personer
 598 kr

- ASIA DINNER BOX** (C,CA,E,F,H,SE,SK,SO)
 Edamame
 Asia taquitos
 Organic salmon nigiri
 Spicy tomato maki
 Flamed salmon & asparagus maki
 Sweet & sour chicken stir fry
Passer for 2 personer
 698 kr

- ASIA SUSHI BOX** (C,CA,E,F,H,SE,SK,SO)
 Edamame
 Asia taquitos
 Kingfish nigiri
 Salmon nigiri
 Spicy tomato maki
 Flamed salmon & asparagus maki
 Salmon sashimi
Passer for 2 personer
 758 kr

Allergener: Vi produserer alt selv på huset, derfor kan alle våre retter inneholde spor av alle allergener.

BL Bløtdyr C Sesam CA Cashew E Egg F Fisk H Hvete L Lupin M Melk P Peanøtt S Selleri SE Sennep SO Soya SK Skalldyr V Valnøtt