

ASIA

TAKEAWAY

SNACKS & SALADS

- ✓ **SAKE FLAMED EDAMAME** M,SO [0,2] 95
Røkt Maldonsalt, lime / *Smoked Maldon salt, lime*
- ✓ **CARROT & GINGER GYOZA** (3 pcs) C,H,SO [0,2] 98
Fritert gyoza, chili ponzu / *Fried gyoza, chilli ponzu*
- CHICKEN & SESAME GYOZA** (3 pcs) C,H,SO [0,4] 98
Fritert gyoza, chili ponzu / *Fried gyoza, chilli ponzu*
- KIMCHI & PORK GYOZA** (3pcs) C,H,F,SO [0,6] 128
Fritert gyoza, thai salsa dip / *Fried gyoza, thai salsa dip*
- ✓ **ASIA GREEN SALAD** SO, C [0,2] 128
Økologisk salat, reddik, wafu dressing
Organic salad, radish, wafu dressing
- ✓ **THAI MANGO SALAD** P [0,4] 142
Ingefær- & sitrongressdressing, peanøtter
Ginger lemongrass dressing, peanuts
- SASHIMI SALAD** F,SO,C [0,3] 225
Laksesashimi, salat, lettsyltet agurk, ponzuvinagrette
Salmon sashimi, green leaves, pickled cucumber, ponzu vinaigrette

BAO BUNS

- ✓ **TEMPURA MUSHROOM BAO BUN** (2 pcs) H,SO [0,3] 175
Tempura økologisk østerssopp, spicy spirer, shiso chimichurri
Tempura organic oyster mushroom, spicy sprouts, shiso chimichurri
- 🔥 **CRISPY ORGANIC CHICKEN BAO BUN** (2 pcs) C,E,H,SO [0,6] 198
Salat, kimchi slaw, BBQ-saus / *Salad, kimchi slaw, BBQ sauce*

TAQUITOS

Warning: Could lead to a serious addiction

- ✓ **THAI MANGO TAQUITOS** (2 pcs) H,SO [0,1] 148
Mango, koriander, avokado / *Mango, coriander, avocado*
- ASIA TAQUITOS** (2 pcs) F,H,SK,SO [0,3] 185
Sitrongress- & laksetartar, avokado
Lemongrass salmon tartare, avocado
- LOBSTER & CRAB TAQUITOS** (2 pcs) SK,H [1,2] 235
Hummer, krabbe, avokado, spirer
Lobster, crab, avocado, sprouts

ASIA SIGNATURE SUSHI

- NIGIRI PLATE** (8 pcs) F,SO,C [0,8] 248
2pcs salmon nigiri, 2pcs flamed salmon nigiri
2pcs kingfish nigiri, 2pcs spicy kingfish gunkan
- SALMON NIGIRI** (2 pcs) C,F,SO [0,2] 78
Husets grønne yuzu koshu
House green yuzu koshu
- FLAMED SALMON NIGIRI** (2 pcs) C,F,SO [0,2] 82
Thai salsa, crispy purre
Thai salsa, crispy leeks
- KINGFISH NIGIRI** (2 pcs) C,F,SO [0,2] 86
Mandarin koshu, syltet chilli
Mandarin koshu, pickled chili
- SALMON SASHIMI** (6 pcs) C,F,SO [0,2] 138
Husets ponzu, crispy rødmet, micro greens
House ponzu, crispy beetroot, micro greens
- ✓ **SPICY TOMATO MAKI** SO,C [0,3] 135
Spicy tomat, avokado, agurk, spicy mayo
Spicy tomato, avocado, cucumber, spicy mayo
- FLAMED SALMON & ASPARAGUS MAKI** C,F,SO [0,6] 186
Flambert laks, aspargesbønner, thai salsa
Flamed salmon, green beans, thai salsa
- CRISPY GINGER SALMON MAKI** C,F,SO [0,6] 188
Sitrusmarinert laks, avokado, crispy ingefær
Citrus cured salmon, avocado, crispy ginger

SAUCES:

Husk å ta med en av våre superdigge sauser

- NAHM JIM (SO) 28
- HOUSE PONZU (SO) 28
- CHILI MAYO (E,SE) 28

- Klimato har kalkulert klimapåvirkningen hver rett på menyen forårsaker. Bak rettene står det hvor mange CO2e retten slipper ut.
- [0,1-0,5] Kg CO₂e **LAVT** KLIMAAVTRYKK
- [0,6-1,5] Kg CO₂e **MIDDELS** KLIMAAVTRYKK
- [1,6+] Kg CO₂e **HØYT** KLIMAAVTRYKK

- ✓ Vegan
- ✓ Vegetar
- 🔥 Spicy

HOT DISHES

- ASIAS SWEET & SOUR STIR FRY** C,E,H,P,SO [0,7] 275
Wokkede grønnsaker, eggnudler, koriander
Stir fry vegetables, egg noodles, coriander
Med Hovelsrud økologisk kylling
With Hovelsrud organic chicken
- ✓ **Med østerssopp** / *With oyster mushroom* 238
- KHAO SOI CHICKEN NOODLE CURRY** 275
E,H,S,SK,SO [0,7]
Kylling, ristet chili og hvittløk / *Chicken, roasted chilli and garlic*
- ✓ **AUBERGINE TONKATSU** C,H,SO [0,2] 225
Fritert aubergine, tonkatsu-saus, thai slaw
Fried eggplant, tonkatsu sauce, thai slaw

SIDE DISHES

- ✓ **JASMINE RICE** C [0,3] 38
Sesam furikake / *Sesame furikake*
- 🔥 ✓ **CRUSHED POTATOES** C [0,1] 75
Spicy majones / *Spicy mayo*
- ✓ **GRILLED CUCUMBER SALAD** SO,C,S,CA [0,2] 88
Agurk, chili- og hvittløksdressing, ristede cashewnøtter
Cucumber, chili garlic dressing, roasted cashews
- ✓ **GRILLED BROCCOLINI** SO,C [0,2] 88
Sesam furikake / *Sesame furikake*

Planlegger du selskap?

Vi tilbyr fresh og fristende catering for 10-300 personer

Kontakt Malin@foodflirt.no

KIDS CORNER

- KIDS SUSHI** C,F,SO [0,3] 128
4 biter laksenigiri, 6 biter laks- & agurkmaki
4 pcs salmon nigiri, 6 pcs salmon & cucumber maki
- CHICKEN & NOODLES** E,H,SO [0,5] 138
Økologisk kylling fra Hovelsrud gård, eggnudler, sesamfrø
Organic chicken from Hovelsrud gård, egg noodles, sesame

MENYER

SALMON BOX (C,E,F,SE,SK,SO)

- Crispy ginger salmon maki
- Salmon nigiri
- Laksesashimi
- Thai mango salat
- Passer for én person*
- 298 kr

ASIA GREEN BOX (C,CA,H,SO)

- Edamame
- Thai mango taquitos
- Spicy tomato maki
- Tempura mushroom bao bun
- Thai mango salat
- Passer for 2 personer*
- 598 kr

ASIA DINNER BOX (C,CA,E,F,H,SE,SK,SO)

- Edamame
- Asia taquitos
- Organic salmon nigiri
- Spicy tomato maki
- Flamed salmon & asparagus maki
- Sweet & sour chicken stir fry
- Passer for 2 personer*
- 698 kr

ASIA SUSHI BOX (C,CA,E,F,H,SE,SK,SO)

- Edamame
- Asia taquitos
- Kingfish nigiri
- Salmon nigiri
- Spicy tomato maki
- Flamed salmon & asparagus maki
- Salmon sashimi
- Passer for 2 personer*
- 758 kr

Allergener: Vi produserer alt selv på huset, derfor kan alle våre retter inneholde spor av alle allergener.

BL Bløtdyr C Sesam CA Cashew E Egg F Fisk H Hvete L Lupin M Melk P Peanøtt S Selleri SE Sennep SO Soya SK Skalldyr V Valnøtt