

# ASIA

## TAKEAWAY

### SNACKS & SALADS

- ✓ SAKE FLAMED EDAMAME M,SO [0,2] 95  
Røkt Maldonsalt, lime / Smoked Maldon salt, lime
- CARROT & GINGER GYOZA (3 pcs) C,H,SO [0,2] 98  
Fritert gyoza, chili ponzu / Fried gyoza, chilli ponzu
- CHICKEN & SESAME GYOZA (3 PCS) C,H,SO [0,4] 115  
Fritert gyoza, chili ponzu / Fried gyoza, chilli ponzu
- KIMCHI & PORK GYOZA (3 pcs) C,H,FSO [0,6] 128  
Fritert gyoza, thai salsa dip / Fried gyoza, Thai salsa dip
- ✓ THAI MANGO SALAD P,SO [0,4] 145  
Ingefær- & sitrongressdressing, peanøtter  
Ginger lemongrass dressing, peanuts

### BAO BUNS

- ✓ TEMPURA MUSHROOM BAO BUN (2 pcs) H,SO [0,3] 178  
Portebello sopp, spicy spirer, shiso chimichurri  
Portebello mushroom, spicy sprouts, shiso chimichurri
- CRISPY ORGANIC CHICKEN BAO BUN (2 pcs) C,H,E,SO [0,6] 198  
Økologisk kylling fra Hovelsrud, Onna salat, asiatisk slaw, BBQ-saus / Organic Chicken, Onna salad, asian slaw, BBQ sauce

### TAQUITOS

Warning: Could lead to a serious addiction

- ✓ THAI MANGO TAQUITOS (2 pcs) H,SO [0,1] 148  
Mango, koriander, avokado / Mango, coriander, avocado
- ASIA TAQUITOS (2 pcs) E,F,H,SE,SK,SO [0,3] 195  
Sitrongress- & laksetartar, avokado  
Lemongrass salmon tartare, avocado

### ASIA SIGNATURE SUSHI

- SELECTIONS OF NIGIRI (6 pcs) C,FSO [0,2] 228  
Salmon Nigiri, Flamed Salmon Nigiri, Kveite Nigiri
- ORGANIC SALMON NIGIRI (2 pcs) C,FSO [0,2] 78  
Husets grønne yuzu kasha / House green yuzu kasha
- FLAMED SALMON NIGIRI (2 pcs) C,FSO [0,2] 82  
Thai salsa, crispy purre / Thai salsa, crispy leeks
- KVEITE NIGIRI (2 pcs) C,FSO [0,2] 86  
Mandarin kasha, kveite, syltet chili  
Mandarin kasha, halibut, pickled chill
- SALMON SASHIMI (6 pcs) C,FSO [0,2] 138  
Husets ponzu, micro greens / House ponzu, micro greens
- ✓ VIRTUOUS VEGAN MAKI C,SO [0,5] 145  
Søt og spicy soya, shiso, avocado  
Sweet spicy soy, shiso, avocado
- FLAMED THAI SALMON MAKI C,FSO [0,6] 186  
Flambert laks, aspargesbønner, thai salsa  
Flamed salmon, green beans, thai salsa
- CRISPY GINGER SALMON MAKI C,FSO [0,6] 188  
Lettgravet laks, avocado, crispy ingefær  
Citrus cured salmon, avocado, crispy ginger

### SAUCES:

Husk å ta med en av våre superdigge sauser

- NAHM JIM (SO) 28
- HOUSE PONZU (SO) 28
- 🔥 CHILI MAYO (E,SE) 28

Klimato har kalkulert klimapåvirkningen hver rett på menyen forårsaker. Bak rettene står det hvor mange CO2e retten slipper ut.

[0,1-0,5] LAVT KLIMAAVTRYKK  
Kg CO<sub>2</sub>e  
[0,6-1,5] MIDDELS KLIMAAVTRYKK  
Kg CO<sub>2</sub>e  
[1,6+] HØYT KLIMAAVTRYKK  
Kg CO<sub>2</sub>e

### HOT DISHES

- BBQ SPARE RIBS SO,F,C,R,B,S [2,1] 245  
Chili BBQ glaserte spareribs / Chili BBQ glazed spare ribs
- KHAO SOI CHICKEN NOODLE CURRY E,H,S,SK,SO [0,7] 285  
Kylling, ristet chili og hvitløk / Chicken, roasted chilli and garlic

### SIDE DISHES

- ✓ JASMINE RICE C [0,3] 38  
Sesam furikake / Sesame furikake
- ROASTED BROCCOLINI C,SO [0,2] 88  
Glasert shichimi brokkolini, shiso chimichurri  
Glazed shichimi braccolini, shiso chimichurri
- 🔥 ✓ CRUSHED POTATOES C,E,SE,SO [0,1] 75  
Dill, spicy majones / Dill, spicy mayo

### KIDS CORNER

- KIDS SUSHI C,FSO [0,3] 128  
4 biter laksenigiri, 6 biter laks- & agurkmaki  
4 pcs salmon nigiri, 6 pcs salmon & cucumber maki
- CHICKEN & NOODLES E,H,SO [0,5] 138  
Økologisk kylling fra Hovelsrud gård, eggnudler, sesamfrø  
Organic chicken from Hovelsrud gård, egg noodles, sesame

### MENYER

- SALMON BOX (12 pcs) (C,F,SO)
- SALMON NIGIRI
- FLAMED SALMON NIGIRI
- CRISPY GINGER SALMON MAKI
- Passer for én person
- 298 kr

- ASIA SUSHI BOX (30 pcs) (C,F,SO)
- KVEITE NIGIRI
- SALMON NIGIRI
- FLAMED SALMON NIGIRI
- VIRTUOUS VEGAN MAKI
- CRISPY GINGER SALMON MAKI
- FLAMED THAI SALMON MAKI
- Passer for 2 personer
- 758 kr

Planlegger du selskap?  
Vi tilbyr fresh og fristende catering for 10-300 personer

Kontakt Malin@foodflirt.no

✓ Vegan ✓ Vegetar 🔥 Spicy

Allergener: Vi produserer alt selv på huset, derfor kan alle våre retter inneholde spor av alle allergener.  
BL Bløtdyr C Sesam CA Cashew E Egg F Fisk H Hvete L Lupin M Melk P Peanøtt S Selleri SE Sennep SO Soya SK Skalldyr V Valnøtt